

## Workshops Taught by S.U.N. Teachers

<b>Introduction to S.U.N. Workshops (Free)</b>			
Thursday, September 5	6 pm – 7:30 pm	Zoom/Phone	L. Metzger
Monday, October 7	6 pm – 7:30 pm	Zoom/Phone	L. Metzger
Thursday, November 7	4 pm – 5:30 pm	Zoom/Phone	L. Metzger
Tuesday, December 3	7:30 pm – 8:30 pm	Zoom/Phone	L. Metzger
<b>Energy Meetings (Free)</b>			
Meet by Arrangement		Zoom/Phone	I. & K. Hilf
<b>Huna Workshops</b>			
<b>Huna I \$105</b>			
Sunday, September 8	10 am – 3 pm	Reno/Distant	K. Rector
Saturday, October 1	12 pm – 3:30 pm	Zoom/Phone	L. Metzger
Saturday, October 19	10 am – 5 pm	Zoom/Phone	K. Hilf
<b>Huna II \$155</b>			
Sunday, October 20	10 am – 3 pm	Reno/Distant	K. Rector
<b>Huna III \$205</b>			
Sunday, December 8	10 am – 3 pm	Reno/Distant	K. Rector
<b>Drisana™ Workshops</b>			
<b>Drisana I \$355</b>			
Sat/Sun, Nov. 9/10	12 pm – 4 pm	Zoom/Phone	L. Metzger
Thur/Fri, Nov. 14/15	10 am – 5 pm	Zoom/Phone	K. Hilf
<b>Drisana VIII** \$605</b> (prerequisite – Drisana VII, Instructor's consent) By appointment, Founder/Director of S.U.N.			
<b>Neriya™ Workshops</b>			
<b>Neriya I* \$405</b> (prerequisite - Drisana III)			
Saturday, September 14	10 am – 5 pm	Zoom/Phone	K. Hilf
Sunday, September 22	10 am – 3 pm	Reno/Distant	K. Rector
<b>The Miraculous Vessels Workshops</b>			
<b>The Miraculous Vessels, Level I \$105</b>			
Saturday, September 7	12 pm – 3:30 pm	Zoom/Phone	L. Metzger
Sunday, October 6	10 am – 3 pm	Reno/Distant	K. Rector
Saturday, December 7	10 am – 5 pm	Zoom/Phone	K. Hilf
Saturday, December 7	12 pm – 3:30 pm	Zoom/Phone	L. Metzger

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<b>Polaris DNA Transformation</b> ☼** \$180 (Prerequisite – <i>Miraculous Vessels V</i> & Instructor's consent. Schedule transmission with Irving Feurst, or S.U.N. teachers with a ☼ in the Teacher Directory.)			
<b>Polaris Logos Initiation</b> ** \$280 (Prerequisite – <i>Miraculous Vessels V</i> & Instructor's consent. Schedule transmission with Irving Feurst, Founder and Director of S.U.N.)			
<b>The World of Angels</b>			
<b>Working with the Angel of Abundance \$65</b>			
Monday, October 21	5 pm – 7 pm	Zoom/Phone	L. Metzger
Saturday, November 9	12 pm – 5 pm	Zoom/Phone	K. Hilf
<b>Working with Your Guardian Angel for Guidance and Protection \$65</b>			
Saturday, September 28	12 pm – 3 pm	Zoom/Phone	L. Metzger
<b>Angelic Opening and Shielding of the Heart Chakra, Level I* \$80</b>			
Saturday, September 28	12 pm – 2 pm	Zoom/Phone	K. Hilf
<b>Angelic Opening and Shielding of the Throat Chakra, Level I* \$80</b>			
Saturday, December 7	4:30 pm – 6 pm	Zoom/Phone	L. Metzger
<b>Other Workshops</b>			
<b>Awakening Your Pineal Gland, Level I \$80</b>			
Saturday, September 28	3:30 pm – 4:30 pm	Zoom/Phone	L. Metzger
<b>Empowering the Lord's Prayer \$80</b>			
Saturday, December 21	12 pm – 2:30 pm	Zoom/Phone	L. Metzger
<b>The Essene Dove \$155</b>			
Sunday, November 3	10 am – 3 pm	Reno/Distant	K. Rector
<b>Kundalini Water I \$45</b>			
Saturday, November 2	3 pm – 4:30 pm	Zoom/Phone	L. Metzger
<b>The Meridian Flush I \$80</b>			
Monday, September 9	5 pm – 6:30 pm	Zoom/Phone	L. Metzger
Sunday, November 24	10 am – 3 pm	Reno/Distant	K. Rector
<b>Phoenix Rising I \$80</b>			
Sunday, December 15	10 am – 3 pm	Reno/Distant	K. Rector
<b>The Red Ankh I \$65</b>			
Monday, December 9	6 pm – 7:30 pm	Zoom/Phone	L. Metzger
<b>Releasing Past Life Karma* \$80</b>			
Saturday, October 19	3:30 pm – 5 pm	Zoom/Phone	L. Metzger

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<b>The Twelve Ray Energy System* \$405</b>			
Saturday, October 19	10 am – 5 pm	Zoom/Phone	K. Hilf
<b>Working with Planetary Triangles, Level I \$80</b>			
Saturday, October 19	12 pm – 2:30 pm	Zoom/Phone	L. Metzger
<b>Your Rainbow Heart \$55</b>			
Saturday, November 2	12 pm – 2:30 pm	Zoom/Phone	L. Metzger